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4th July 2023

Dear Parent/Guardian,

### Year 6 Relationship and Sex Education (RSE)

As part of our PSHE and RSE programme this term, we will be learning about growing and changing. This will involve the physical and emotional changes of human beings which will be conducted in three lessons. The lessons will be taught within the last few weeks of term.

- 1) **Growing and Changing** - In this lesson the children will recap what they have learnt in previous years about growing and changing. They will discuss the physical changes that happen to boys and girls as they grow up. The lesson will give an overview of how bodies change when going through puberty and the reproductive organs.
- 2) **Sex Education** - The second lesson will include the purpose of the reproductive organs and what sexual intercourse between two consenting adults is. They will also learn about how the baby develops in the uterus, seeing the changes the baby goes through as it grows. They then will have a discussion about the responsibilities of being a parent or carer.
- 3) **Physical and Emotional Attraction** - The final lesson involves the children understanding positive relationships. They will also have the opportunity to reflect on what they have learnt throughout the three lessons.

The lessons will include a variety of activities and opportunities for discussion to aid with the children's learning.

You are legally permitted to withdraw your child from this programme of study, but must do so by sending an email to your class teacher.

Yours sincerely,

The Year 6 Team

