






Cleves School Menu

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork sausage with gravy (G,Su,Mk,E)	Beef cottage pie (Su,So,Mk,G,Ce)	Roast gammon (pork) and gravy (G)	BBQ chicken (Su)	Cod fish fingers (F,G)
VEGETARIAN MAIN MEAL	Veggie sausage with gravy (So,G)	Vegetable chickpea paella (Su,Mk,Ce)	Quorn and vegetable stir fry with noodles (So,E,G)	Macaroni cheese (So,Mk,G,E)	Mixed pepper quiche (G,E,Mk)
CARBOHYDRATE	Mashed potato (Mk)	-	Roasted potatoes	Rice	Baked oven chips
VEGETABLES	Broccoli Sweetcorn	Carrots Peas	Sweetcorn Cabbage	Cauliflower ... Carrots	Peas ... Baked beans
DESSERT	Peach crumble with custard (G,Mk)	Apple lattice tart with custard (Mk,E,G)	Fruit of the month dessert 	Victoria sponge cake (Mk,E,G)	Shortbread biscuits (G)

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spaghetti bolognese (G,E)	Sweet and sour pork (G)	Roast turkey with stuffing and gravy (G)	Sancho Pollo breaded chicken strips (E,G)	Oven baked omega fish fingers (F)
VEGETARIAN MAIN MEAL	Veggie mince bolognese (So,G,E)	Vegetable quesadilla with sour cream (Mu,Mk,G)	Gnocchi with a ratatouille sauce (Mk,G)	Penne pasta in tomato and basil sauce (E,Mk,G)	Baked omelette with tomato and cheddar (Mk,E)
CARBOHYDRATE	Spaghetti (G,E)	Turmeric rice (Su,Ce)	Roasted potatoes	Spicy jacket wedges	Baked oven chips
VEGETABLES	Courgette with oregano (Mk) Sweetcorn	Carrots Peas	Sweetcorn Cabbage	Coleslaw (Mu,Mk,E) Cauliflower	Garden peas Baked beans
DESSERT	Apple filo pie with custard (Su,Mk,G)	Banana cake (Mk,E,G)	Fruit of the month dessert 	Sugar free flapjack (Su,Mk,G) 	Chocolate and raspberry marshmallow brownie (E,Mk,G)

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Minced beef and onion shortcrust pie (Mk,G,Ce)	Mexican pork enchiladas (Mu,Mk,G)	Red tractor roast chicken thigh with stuffing and gravy (G)	Shepherd's pie (Su,So,Mk,G,Ce)	Meat pizza (Mk,G)
VEGETARIAN MAIN MEAL	Vegetarian burger (Se,G)	Quorn and vegetable stir fry with noodles (So,E,G)	Cauliflower, broccoli and spinach bake (Mk,G)	Courgette, peppers and tomato pasta (Mk,G,E)	Margherita pizza (Mk,G)
CARBOHYDRATE	Spicy jacket wedges (Mu)	Steamed rice	Roasted potatoes	-	Baked oven chips
VEGETABLES	Broccoli Sweetcorn	Cauliflower Sliced green beans	Carrots Cabbage	Sweetcorn Broccoli	Baked beans Peas
DESSERT	Apple crumble and custard (G,E,Mk)	Carrot cake with frosted top (Mk,E,G)	Fruit of the month dessert 	Lemon baked sponge and custard (Mk,E,G) 	Blueberry sponge (Mk,E,G)

Salad bar, fresh breads, yoghurts and fresh fruits are available every day.

Any specific dietary requirements please contact us at cleves@accentcatering.co.uk

For more info visit: www.accentcatering.co.uk/food

LOOK OUT!
ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten
L = Lupin

Mk = Milk
Mo = Molluscs
Mu = Mustard

N = Nuts
P = Peanuts
Se = Sesame Seeds

So = Soya
Su = Sulphur Dioxide